

Patient Consent Form-PRP Injection, Joint Tendon

You have been referred for a Platelet Rich Plasma Injection (PRP) for the purpose of assisting healing.

Is PRP guaranteed to heal my injury or degenerative tissue?

There is no current medical technique, product or device that can 100% guarantee it can 'cure' injured or degenerative tissue, nor is there any guarantee of the PRP therapy providing the desired healing outcome in every case. However, there have been over 4000 published research articles on PRP to aid patient healing. The best protocols and applications of PRP from recent research have been incorporated into Alocuro's Pro-PRP system. When these protocols are followed, the patient's own healing ability should be improved at the injection or application site - hopefully leading to a shorter recovery time or reduced pain.

The Doctor who has recommended / requested this procedure for you, feels that PRP is a reasonable alternative for you when compared with the options available, which may include – surgery, cortisone injection, oral medications and physiotherapy; and that the potential benefits outweigh the small risks.

CONTRAINDICATIONS:

PRP is safe for most individuals and there are few contraindications, however, patients with the following conditions may not be suitable candidates for the procedure. Please indicate with a tick, if any of the following apply to you currently:

- Platelet disorders and blood disorders
- Cancer, Chemotherapy or Radiotherapy
- Acute and Chronic Infections
- Anti-coagulation therapy. (Warfarin is not a PRP contraindication, but may be for the procedure)
- Use of oral corticosteroids within ten days prior to PRP procedure
- Prior injection of long acting steroids within 4 weeks (at the PRP injection site)
- Pregnancy or breastfeeding, simply because non-medically urgent procedures can be delayed until post pregnancy or breastfeeding.

POTENTIAL COMPLICATIONS

Major complications from the PRP therapy are extremely rare, as the injection substance consists of: your own plasma, rich in platelets & growth factors; and a very small amount of anti-coagulant. Minor complications of the PRP therapy can include: local bleeding / swelling / bruising / infection / pain at either the blood collection site or the injection site.

The most common symptom after the injection is an increase in pain and stiffness at the injected site similar to the feeling after a sports injury to that area. This can be a normal response with some patients experiencing moderate pain and others only mild discomfort. It is usually worst in the first 48 hours, settling down by day 4. If you should experience significant pain, skin redness or local infection symptoms you should contact either the Doctor who performed the injection, your GP or an A&E department if after-hours.

Other potential complications - When any needle is inserted into the body there is always a small chance that there may be an injury to a muscle, blood vessel or nerve. If local anaesthetic is used, there is a small chance that you may have an allergic reaction to it. From the procedure generally, patients may experience dizziness or fainting –simply from the anxiety associated with the procedure / blood collection etc.

I have read and understood this consent form and have had the opportunity to ask any questions about the procedure and provide informed consent to a PRP injection to for the purpose of assisting healing of injured/degenerative tissue. I agree to follow the recommended post procedure care instructions. I also understand this procedure is "elective" and may only be partially covered by Medicare or private health insurance and that payment of \$450.00 is my responsibility.

Patient Name _____ Patient Signature _____ Date _____

Doctor Name (print) _____ Witness Name & Signature _____